

## **POLICY ON CONTINUING COMPETENCY IN CARDIOPULMONARY RESUSCITATION**

The midwife will be certified every two years in cardiopulmonary resuscitation. The minimum required standard of performance is the designated program of the Heart and Stroke Foundation of Canada, Basic Life Support (BLS) for Healthcare Providers (Level C) which covers the following core areas for CPR and emergency cardiac care:

- Adult cardiopulmonary resuscitation
- Pediatric cardiopulmonary resuscitation
- Two-rescuer scenarios
- Use of bag valve mask
- Manage foreign-body airway obstruction
- Use of Automated External Defibrillator (AED)

Acceptable certification courses include:

- Heart and Stroke Foundation of Canada:  
BLS for Healthcare Providers (Level C)
- Canadian Red Cross:  
CPR/AED Level HCP
- St. John Ambulance:  
CPR HCP
- Lifesaving Society:  
CPR Healthcare Provider
- Academy of Emergency Training:  
CPR BLS Pro Rescuer
- The Greater Victoria Cardiopulmonary Resuscitation Society:  
BLS-AED Health Care Professional
- American Heart Association:  
BLS Healthcare Provider

All courses offered must be delivered by certified instructors and must be delivered at a level equivalent to the Heart & Stroke Foundation Health Care Provider (Level C) standards & guidelines.

Midwives wishing to take any other courses not listed above to meet this requirement must seek pre-approval from the College.